

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MR - Multipurpose Room DS - Downstairs Program Cottage A B C D OS - Outdoor Sweetgrass *Programs subject to change, see whiteboard					11:00 Chair Fitness (A) 1 12:00 Dementia based sensory program 1:00 PUB DAY (Happy Hour) (MR)	1:00 Walking group (OP) 2 
2:30 Church Service (MR) 3 	1:00 Movie Day & Games (MR) 4 2:30 Dementia based sensory program (DS) Happy Heritage Day!	11:00 Country Hoe Down (Music and Dress Up) (D) 5 1:00 TIMBIT TUESDAY BINGO (MR) 2:30 Day Care Visit (MR)	11:00 Folding socks (A) 6 12:00 One on one recreation therapy (UD) 1:00 Stretch & Chair Yoga (US)	11:00 Artful ENRICHMENT (A) 7 12:30 Beading Crafts (MR) 1:00 BINGO THURSDAY (MR)	12:30 car races & Horse races (DS) 8 1:00 Bike Parade BBQ & Outdoor party (MR) 3:00 SPA DAY & TRIVIA (DS)	6:30 Mennonites Sing (MR) 9 
4:00 Watering Plants (od) 10	1:00 Table Top Games (UD) 11 3:00 Sensory Activity (DS)	11:00 BAKING CUPCAKES (MR) 12 12:30 string art (MR) 1:00 TIMBIT TUESDAY BINGO (MR)	11:00 Watering Plants (od) 13 1:00 Horseshoes (UD) 1:00 Karaoke & Wii Sports (board games) (MR)	11:00 Balloon & Exercise (D) 14 1:00 BINGO THURSDAY (MR) 4:00 Watering Plants (od)	1:00 Sports Day (MR) 15 3:00 Wacky Word Games (MR)	1:00 Walking group (OP) 16
2:30 Church Service (MR) 17	1:00 Table Top Games (UD) 18 3:30 SIT N BE FIT (US)	11:00 Making Stress Balls (B) 19 1:00 TIMBIT TUESDAY BINGO (MR)	1:00 Music Therapy (MR) 20 3:00 TRIVIA & Social (UD)	11:00 Sensory Activity (DS) 21 1:00 BINGO THURSDAY (MR)	1:00 PUB DAY (Happy Hour) (MR) 22 3:30 Comedy & Jokes (MR)	1:00 movie day (MR) 23
4:00 Watering Plants (od) 24	1:00 Table Top Games (UD) 25 3:30 SIT N BE FIT (US) 4:00 Karaoke & Wii Sports (board games) (MR)	11:00 BAKING CUPCAKES (MR) 26 12:30 GRIMS FAIRYTALES STORY SERIES & COLORING (DS) 1:00 TIMBIT TUESDAY BINGO (MR)	11:00 Artful ENRICHMENT (A) 27 1:00 making paper airplanes (A) 1:00 Birthday Celebration & Karaoke (MR)	11:00 Artful ENRICHMENT (A) 28 1:00 BINGO THURSDAY (MR)	1:00 Movie Day & Games (MR) 29 3:30 Writing Poetry (C)	1:00 BINGO (MR) 30 
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